

A STAIRCASE TO CONQUERING RESIDENCY

FOR THE RESIDENTS, BY THE RESIDENTS

 **14** MARCH
2026 | 8:00 AM



Chief Instructor:
Dr. Hirika Gosalia



6. Social Media for Learning

- Dr. Saloni Joshi

5. Research & Publications

- Dr. Hirika Gosalia



3. Grand Rounds & Journal Clubs

- Dr. Aniruddh Heroor

4. Innovative Learning Methods

- Dr. Sameer Chaudhary



2. Conferences & Workshops

- Dr. Chinmay Mahatme



1. Academic Resources: Texts and Beyond

- Dr. Rohan Madan

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1. Academic Resources: Texts and Beyond

Essential textbooks, journals, online databases, podcasts, and apps that form the foundation of residency knowledge—beyond traditional reading to build efficient, lifelong learning habits.

2. Conferences and Workshops: Advanced Learning & Networking Opportunities

Strategic conference selection, abstract submission tips, poster/oral presentation skills, and networking techniques to maximize career advancement and collaborations.

3. Grand Rounds and Journal Clubs: Evidence-Based Learning

Structuring effective grand rounds presentations and journal clubs—critical appraisal skills, discussion frameworks, and translating evidence into clinical practice.

4. Innovative Learning Methods: Flipped Classroom and Case-Based Learning

Modern teaching revolution: Pre-session prep for flipped classrooms + interactive case-based discussions that enhance retention, critical thinking, and peer teaching.

5. Research, Publications, and Beyond: The All-Rounder Resident!

Complete research roadmap—from idea to publication, audit projects, QI initiatives, and building a competitive CV while balancing clinical duties.

6. Social Media: A Valuable Tool for Residency Learning

Professional Twitter/X, LinkedIn, Instagram strategies—

academic networking, journal alerts, case sharing, personal branding while maintaining patient privacy and ethics.